

Investigation 3.6A

Dr. _____

Worksheet 3.6A

P. ___ Date: _____

Title: Diabetes Workup

Directions: Use the information above to complete your diabetes workup on this patient.

Patient Name: _____ Age: _____ Gender: M F

Vital Signs: **Ht:** ___ in **Wt:** ___ lbs **BP:** _____ mmHg **Pulse:** ___ b/m Temp: ___ F

CC: Referred for diabetic control in preparation for left knee replacement surgery

HxCC: (List important information from patient in history of chief complaint)

1. _____
2. _____
3. _____

ROS: (List all positive findings from Review of Records)- list additional positives on back)

1. _____
2. _____

Positive Examination Findings:

1. _____
2. _____
3. _____
4. _____

DDX:

1. _____
2. _____
3. _____

Place an 'X' on the line next to any test you would consider at this time to help your investigation of this patient's medical problem. Write NA for any test listed that is probably not appropriate to your evaluation of this condition:

- _____ X-rays of abdomen including pancreas and liver
- _____ Complete Blood Count (CBC)
- _____ MRI of the pancreas and liver
- _____ Ultrasound of Pancreas and Liver
- _____ Repeat A1C blood test

Lab Test Results:

The following chart represents the key to reading Hemoglobin A1C test results:

Diabetes Diagnosis	Hemoglobin A1C level in blood
Normal (non-diabetic)	Less than (<) 5.7%
Pre-diabetic	Between 5.7% and 6.4%
Diabetes	6.5% or greater
Gilbert's 2 nd A1C results	**7.7%**

A1C Lab Test Difference: What are some possible explanations as to the difference between the A1C test ordered by Dr. Drazer and the second test ordered by you?

1. _____
2. _____
3. _____

Diagnosis. (Hint: Find them on the DDX list)

1. _____
2. _____

Treatment Recommendations: What is the order of progressive treatment for Type II Diabetes?

1. _____
2. _____
3. _____

Reflections:

1. What was your patient's (Gilbert) chief complaint?

a. _____

b. _____

2. Would you consider Gilbert's complaint to be:

(circle) Acute or Chronic

Why? _____

3. How would you classify Gilbert's condition (circle your answer)?

Possible Emergency or Probably Non-Emergency

4. Was this an injury or illness? (Circle your answer)

5. Was this injury or illness preventable? How or why not? _____

6. What is considered the normal range for an A1C blood test? _____

7. List some of the symptoms Gilbert exhibited before he was diagnosed as having diabetes.

a. _____

b. _____

c. _____

d. _____

8. What test would you order to determine if your patient is normal, pre-diabetic, or diabetic? _____

9. What is happening within the body in Type I Diabetes?

10. What is happening within the body in Type II Diabetes?

11. How many types of Diabetes have been identified to date?

12. Do you think Gilbert's weight of 270 pounds before he developed Type II Diabetes could have been a factor in his current left knee condition? How?

13. Which of the following are questions that should have been asked of Gilbert during his first visit back to your office following his referral from Dr. Drazer? (put an 'X' beside each appropriate question)

- a. _____ Have you had your knee implant surgery yet?
- b. _____ Have you changed your diet recently?
- c. _____ Is your knee feeling better with the medicine I gave you?
- d. _____ Have you been taking your diabetic medicine regularly and in the correct dose?
- e. _____ Have you checked your blood pressure at home recently?
- f. _____ Have you noticed a lump on your pancreas recently?

