Investigation 3.6A Dr			
Worksheet 3.6A	PDate:		
Title: Diabetes Worku	qı		
Directions : Use the information above to complete patient.	e your diabetes workup on this		
Patient Name:	Age: Gender: M F		
Vital Signs: Ht:in Wt:lbs BP:n	nmHg Pulse: b/m Temp: F		
CC: Referred for diabetic control in preparation f	for left knee replacement surgery		
HxCC: (List important information from patient in h	istory of chief complaint)		
1			
2			
3			
ROS: (List all positive findings from Review of Rec back)	cords)- list additional positives on		
1			
2			
Positive Examination Findings:			
1			
2			
3			
4			
DDX:			
1			
2			
3			

Dr:_____

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Place an 'X' on the line next to any test you would consider at this time to help your investigation of this patient's medical problem. Write <u>NA</u> for any test listed that is probably not appropriate to your evaluation of this condition:

- _____ X-rays of abdomen including pancreas and liver
- _____ Complete Blood Count (CBC)
- _____ MRI of the pancreas and liver
- _____ Ultrasound of Pancreas and Liver
- _____ Repeat A1C blood test

Lab Test Results:

The following chart represents the key to reading Hemoglobin A1C test results:

Diabetes Diagnosis	Hemoglobin A1C level in blood
Normal (non-diabetic)	Less than (<) 5.7%
Pre-diabetic	Between 5.7% and 6.4%
Diabetes	6.5% or greater
Gilbert's 2 nd A1C results	**7.7%**

A1C Lab Test Difference: What are some possible explanations as to the difference between the A1C test ordered by Dr. Drazer and the second test ordered by you?

Diagnosis. (Hint: Find them on the DDX list)

Treatment Recommendations: What is the order of progressive treatment for Type II Diabetes?

1.		 	
2.	 	 	
3.	 	 	

Dr:			

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P.___ Date:_____

Check the appropriate box to indicate how <u>this medical condition</u> spreads from one person to another (more than one method of spreading may exist):

Method of spreading	yes	no
Through the air		
Skin to skin contact with another person		
Touching contaminated object		
Genetic sharing within families		
Contact with contaminated blood		
Drinking contaminated water		
Contact with contaminated urine		
Cannot be spread to friends		

Interview someone you know who has diabetes. Are they related to you? From your observations do they look any different from others you know who are not diabetic? What type of diabetes do they have and what is their treatment regimen? How has having diabetes changed their life? What do they do to keep their diabetes under control? (Continue on back of page if needed)

Dr:

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Reflections:

- 1. What was your patient's (Gilbert) chief complaint?
 - a. ______ b.
- 2. Would you consider Gilbert's complaint to be:

(circle) Acute or Chronic

Why? _____

- 3. How would you classify Gilbert's condition (circle your answer)? Possible Emergency or Probably Non-Emergency
- 4. Was this an injury or illness? (Circle your answer)

5. Was this injury or illness preventable? How or why not? _____

- 6. What is considered the normal range for an A1C blood test?
- 7. List some of the symptoms Gilbert exhibited before he was diagnosed as having diabetes.

a.	
b.	
c.	
d.	

 What test would you order to determine if your patient is normal, pre-diabetic, or diabetic?

Worksheet	t 3.6A – V	Workup	Dr:
Page 5			PDate:
9	0. What i		g within the body in Type I Diabetes?
1	0. What i		g within the body in Type II Diabetes?
1	1. How n		of Diabetes have been identified to date?
1	Diabe	tes could ha	ert's weight of 270 pounds before he developed Type II ve been a factor in his current left knee condition? How?
1	3. Which	n of the follov	ving are questions that should have been asked of
	Gilber	t during his f	first visit back to your office following his referral from Dr. C beside each appropriate question)
	a.	Ha	ave you had your knee implant surgery yet?
	b.	Ha	ave you changed your diet recently?
	C.	Is	your knee feeling better with the medicine I gave you?
	d.	Ha	ave you been taking your diabetic medicine regularly
		and in the c	correct dose?
	e.	Ha	ave you checked your blood pressure at home recently?
	f.	Ha	ave you noticed a lump on your pancreas recently?

Dr:_____

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14. Write about the known effects of diabetes on the human body. Use your current knowledge and the internet to research the topic.